

PERMANENT MAKEUP BROWS

Pre-Care Instructions

- Avoid tweezing, waxing, plucking or threading your eyebrows at least 1 week prior to your appointment
- Please **do not** consume any **alcohol, caffeine, fish oil, or take aspirin/ibuprofen** at least **24-48 hours before** your appointment date
- No brow lamination 6-8 weeks prior
- No brow tint at least 10 days prior
- 90 Days before avoid botox, lasers, chemical peels, and any other exfoliants
- Avoid sun tanning or bed tanning at least 1 week before the procedure
- Please note you will be more sensitive during your menstrual cycle
- Washing your hair prior is highly recommended

